

## How to Host a Real Deal House Party



### Helping Parents Become Sex-Ed Teachers in 4 Easy Steps!

1. **Introductions and Ice-breakers:** Start by asking each guest to share how they first heard about sex. Who told them? Was the information accurate? Did they feel like they could go back to that source with questions or to discuss things in more detail? Do they want their own children's first exposure to reproductive health information to be the same or different? How?
2. **How's it going so far?** Ask each person to share whether or not they have talked about sex and/or reproductive health issues with their children already. If so, how did the conversation(s) go? What kinds of questions did the kids ask? What was the hardest subject to navigate? If not, what is holding them back? What information or support do they need?
3. **So many resources.** Pass around sample books and brochures for guests to look through. Share copies of the *Real Deal Resource Sheet*. Ask guests to share ideas for other books, movies, or websites they have found useful.
4. **Pass it on.** At the end of the hour, ask if any of your guests would agree to host a Real Deal party of their own within the next month. Remind them of our "Thank You Gifts" for hosting, and share our "Evite" link with them.

### Tips for Success

1. **Keep it small.** 6 to 8 people are plenty to have a good conversation and offer each other support.
2. **Keep it short.** A frank, one hour conversation with friends they know and trust is often all it takes to convince parents of the importance of talking with their kids about reproductive health.
3. **Keep it simple.** Coffee and bagels on a Saturday morning? Wine and cheese after work? Choose the time of day and entertaining style that works best for you and your friends.
4. **Babysitting** is a great service to offer if possible. Perhaps an older child or teen can watch younger children in another room for an hour or so while you chat.

*The Real Deal* is a project of the  
Memphis Center for Reproductive Health. Visit us on-line at [www.mcrh-tn.org](http://www.mcrh-tn.org)